

ST. JOHN EVANGELICAL LUTHERAN CHURCH
2009 CONFIRMATION RETREAT: “Where is God When...?”

January 16, 17 & 18, 2009

PARENT INFORMATION PACKET

River Valley Ranch Emergency Information

To contact us at the Ranch (emergency only please), call Mickey Kibler 410-381-7064 (home); 410-707-4224 (cell) or Jean James (410) 540-9911 (home); (443) 253-8277 (cell).

River Valley Ranch Information

Location: 4506 Grave Run Road, Millers, MD 21102

Camp Leaders

Pastor Mike & Carol McQuaid
Chris Irvin
Adult Guides
High School Guides

Registration Deadline

Deadline for registration forms and fees is Wednesday, January 7, 2009.

Mail or give forms and fee to Mickey Kibler, 6397 Fairmead Lane, Columbia, MD 21045 no later than Wednesday, January 7, 2009. DO NOT MAIL TO THE CHURCH OFFICE. Mickey’s phone number is 410-381-7064, and Mickey will be in the Fellowship Hall during Discovery dinner on Wednesday, Jan. 7, between 5:30 pm and 6:30 pm if you care to submit your registration materials then..

Cost: **\$50.00 (see options A, B, C on cover note)**

- Please do not withhold your child’s participation if cost is a problem. Inform Pastor Mike of the difficulty and we will ensure that your child can attend the retreat.
- **Please make your check payable to St. John Lutheran Church, with “Confirmation Retreat” on the memo line, including noting any of the payment options applicable.**
- Please inform Mickey Kibler or Chris Irvin if your student will not be able to attend the treat. Remember, participation is expected.
- **Please complete 1 St. John permission form and 1 RVR permission form** for each student and submit the set of forms to Mickey Kibler.

Visit the River Valley Ranch website for pictures of the facility: www.rivervalleyranch.com

In case of emergency – directions to River Valley Ranch:

From Baltimore, east: Take I-695 to I-83 North to exit 27, Hereford. Turn left onto Mount Carmel Road, proceed to Falls Road (Rt. 25) where you will see blinking red lights, turn right. Take Falls Road 4 ½ miles to Grave Run Road. Turn right and continue 3.2 miles to RVR. See the ranch web site listed above for a map.

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River Valley Ranch, Millers, Maryland

INFORMATION SHEET (continued)

1. Leave Friday evening, January 16, from St. John – transportation provided by bus service. Please arrive at the church by 5:15 pm.
 - We plan to leave River Valley Ranch by 2:30 pm on Sunday.
2. Arrival at St. John on Sunday, January 18 will occur around 3:30 pm
 - Please arrange for someone to bring your child home if you cannot arrive promptly at that time.
3. Meals at Camp:
 - Friday: pizza dinner (please bring \$5.00 to cover the costs of the pizza)
 - Saturday: lunch, dinner, evening snack
 - Sunday: breakfast, lunch
4. **What to bring:**
 - CLOTHING for COLD outdoor play; clothing for indoor play
 - Just in case: extra clothing for play in the snow (boots and gloves)
 - Bedding (sleeping bag or sheet and blankets)
 - Pillow (optional)
 - Towel, Wash Cloth, and Toiletry items
 - Pencil or Pen
 - Basketball, Football, or Soccer ball (optional)
 - If using the Skate Park: skates or skate board, **MUST HAVE** helmet and pads
 - A GREAT attitude
5. What **NOT** to bring:
 - Clothes that should not get dirty
 - Snacks of any kind (gum included) except requested snacks
 - Electronic gadgets, toys, and equipment of any kind (Game Boy, iPod)
 - Weapons (knives, etc.)
 - Money
6. **Dress Code:** we follow the Howard County School System Dress Code: no tank tops, crop tops, halter tops. Bra straps and undergarments should not be exposed (this includes male underwear!). Clothing that exposes belly buttons or has excessive rips, tears, or holes should be left at home.
7. **Regarding medication:** if your child needs medication of any type, **complete the Medical Permission Form and give the medicine to Ms. Carol on Friday evening.** Ms. Carol will submit all medications to the nurse (Kristie Baldwin) on Saturday morning (Jan. 17) when the main group arrives at the retreat. Do not send medical forms with permission forms and money. If your child must carry the medicine with him or her, your child’s doctor must sign the same form.
8. Drugs, alcohol and cigarettes: no drugs, alcohol or cigarettes are permitted during the retreat. Any found will cause parents to be contacted immediately to pick up their child.

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Simple Rules for a Super Weekend

We come together this weekend to have fun and to learn. It is our shared responsibility to look out for the welfare of each other. Two simple words will guide our conduct at all times this weekend:

RESPECT ... SAFETY

1. “Love the Lord your God with all your heart, and mind, and strength, and love your neighbor as yourself.” – Jesus Christ.
2. “Do unto others what you want them to do to you.” – Jesus Christ.
3. Every camper participates in every activity unless for reasons of health he/she needs to sit out for a particular activity.
4. Respect is shown at all times for other persons and their belongings.
5. Sleeping areas and lavatories are always off-limits to persons of the opposite sex.
6. Everyone shares in the camp work.
7. Everyone is in their respective cabin area between the hours of 12:00 am and 8:00 am.
8. Campers will always notify Pastor Mike or their Guide where they will be if they wish to leave the building.
9. Meeting area off-limits to throwing balls.
10. No food or drink brought into the cabins, meeting rooms, or gym.
11. Do not rearrange furniture in any area without permission.
12. Do not enter any fenced pastures, dormitories, kitchens, or other private buildings.
13. We expect a great weekend together. If a camper behaves in ways that do not promote respect and safety, he/she will receive a reminder. If the behavior persists, the leader will ask this person to sit “on the sidelines” for a short interval. If inappropriate behavior continues, the leader will notify the Confirmation staff, who may notify the parents.

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PERMISSION FORM
Return by Wednesday, January 7, 2009

Youth's name _____ Birth date _____

Address _____

Parent/guardian _____

Address _____ Daytime phone: _____

_____ Evening phone: _____

Pager _____ Cellular phone: _____

Person to be notified in an emergency (if above parent/guardian cannot be reached):

Does this youth have any physical condition that may limit activities? If yes, please specify:

Does this youth have any allergies (food, medication, etc.)? If yes, please specify:

Is this youth going to be taking medication during the retreat?

If YES, COMPLETE the APPROPRIATE MEDICAL PERMISSION FORM in the parent packet. Give that form and the medication to the nurse at check-in the morning of the retreat.

I give permission for my child, _____ (child's name), to attend the St. John Lutheran Church Confirmation Retreat the weekend of January 17-18, 2009, at River Valley Ranch in Millers, Maryland.

- I have reviewed the event guidelines and instructions.
- I understand that only licensed, adults (25 years of age and older) will provide transportation for this event.
- I understand that accidents may take place in the course of any event.
- I understand that a chaperon will notify me if my child needs medical attention.
- I give my permission for the chaperons to seek and attain emergency medical attention for my child, if the need warrants it.
- I will not hold the personnel of the event site, St. John Lutheran Church, or the chaperons liable if an accident does occur.

Parent or Guardian Signature

If your child needs any medication, prescribed or OTC, please *authorize here and complete Form 1*, enclosed. *All medications need to be given to Ms. Carol on Friday evening for submission to nurse Kristie Baldwin on Saturday morning.* In case of need (illness or injury), I give my permission for the nurse to give my child one of the following over-the-counter medicines: Tums, Tylenol, Motrin, according to the dosage guidelines stated on these medicines.

_____ Parent or Guardian Signature

RIVER VALLEY RANCH
ACTIVITIES RELEASE AND WAIVER AGREEMENT

In consideration of being allowed to participate in Activities at River Valley Ranch for the date(s) of January 16-18, 2009 I, for myself and any minor children for whom I am parent, legal guardian, or otherwise responsible and for my/our heirs, personal representatives or assigns, hereby acknowledge the risks of injury or damage (to property, personal injury and/or death) involved in participating in the activities offered by River Valley Ranch including: go-carting, paintball, skateboarding, mountain boarding, mountain biking, zip line, giant swing, high and low ropes course, climbing tower, challenge course, and horseback riding. I further understand that participation in these activities contains risks we each appreciate and voluntarily assume because the minor and we choose to do so. I further agree to require said minor to participate in all safety training and wear all safety equipment provided by River Valley Ranch for any of the above activities that require it.

I, for myself and any minor children for whom I am parent, legal guardian, or otherwise responsible, hereby release, acquit and forgive Peter & John Radio Fellowship, Inc. and River Valley Ranch, L.L.C., its principals, directors, officers, agents, employees, and volunteers ("Releases") from any and all liability of any nature for any and all injury or damage (including property damage, personal injury, illness, paralysis, and/or death) to me or said minor children as the result of my/our participation in the above listed activities.

I, for myself and any minor children for whom I am parent, legal guardian or otherwise responsible, and for my/our heirs, personal representatives or assigns, also hereby expressly waive any claim, lawsuit, complaint, charge, or cause of action against Peter & John Radio Fellowship, Inc. and River Valley Ranch, L.L.C., its principals, directors, agents, employees and for any and all injury or damage, to me or any such minor children and other persons as a result of my/our participation in the Activities listed above at the River Valley Ranch.

I, for my/our heirs, personal representatives and assigns also hereby expressly agree to indemnify and hold harmless Peter & John Radio Fellowship, Inc. and River Valley Ranch, L.L.C., its principals, directors, and employees, including costs, expenses and counsel fees, from and against all claims, lawsuits, complaints, charges or causes of action arising from the participation in the Activities listed above at River Valley Ranch, and the activities for which this Release and Waiver Agreement is given.

Name of Participant: (printed) _____ Age: _____

IF Participant is OVER 18:

X _____
Signature of Participant _____ Date _____

IF Participant is UNDER 18:

X _____
Signature of Natural or Legal Father _____ Date _____

X _____
Signature of Natural or Legal Mother _____ Date _____

X _____
Signature of Legal Guardian _____ Date _____

X _____
Signature of Minor _____ Date _____

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MEDICAL PERMISSION FORM

- All medications must be in a properly labeled container, such as the original prescription bottle.
- **PLEASE PRINT ALL INFORMATION, EXCEPT SIGNATURES.**

- *We expect all medications--even Tylenol for headaches--to be administered by the adult authorized to do so on this retreat. A parent must complete and sign FORM 1.*

- If your child has **ASTHMA** and has his or her doctor's approval to carry and self-administer this medicine, the doctor must sign FORM 2 -- IN ADDITION TO THE PARENT.

FORM 2

STUDENT SELF-Administered Medication

I, _____, give my permission to my child, _____,
to administer the following medication to him or herself according to the following regimen.

Reason for medication: _____ Date of Order: _____
Name of Medication: _____ Date Order Expires: _____
Time to Give Medication: _____ Dose: _____ Strength: _____
Frequency of Medication: _____

POSSIBLE SIDE EFFECTS: _____

SPECIAL INSTRUCTIONS: _____

PHYSICIAN SIGNATURE

PARENT SIGNATURE